

NARCOTICS ANONYMOUS

Northern California: P.O. Box 954 Berkeley, California 893-2686 P.O.Box 622 Sun Valley California HO 3-3123 To My Dear Brother, We went into our tup We will find our way out wich a stronger faith. Take case of the book and it will take cores of In this book are many answers that kept The Clean. Mours in Christ, Mac Bet 19, 1972.

WHO IS AN ADDICT?

Most of us do not have to think twice about this question. WE KNOW. Our whole life and thinking is centered in drugs in one form or another, the getting and using and finding ways and means to get more. We use to live and live to use. Very simply an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same, jails, institutions and death.

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovered addicts who meet regularly to help each other to stay clean. This is a program of complete abstinence from all drugs. There is only "One" requirement for membership, the honest desire to stop using. There are no musts in N.A. but we suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is that "They Work."

